



The Wellness Center

The meeting place for Fun, Health and Fitness!
 NORTH COUNTRY HEALTH SYSTEM
 Call 334-5566
 Visit www.nchsi.org for class schedule



PREREGISTRATION REQUIRED EVEN FOR FREE CLASSES!
PAYMENT PLANS and **PRORATING** of **FEES** available upon request
 For class cancellations due to inclement weather, listen to **WIKE & WMOO**

Spring 2010

If you would like to join the hospital's recycling efforts and receive future brochures via email, please send your request to mperkins@nchsi.org. Thanks.

Registration Form

To pre-register (required), or for more information, please call 334-5566

Name _____

Mailing Address _____

Contact Information _____

	<i>Home Phone</i>	<i>Work Phone</i>	<i>Cell Phone</i>	<i>email address</i>
Employer (If qualifying for company subsidy)	_____	_____	_____	_____

COURSE	LOCATION	DATE/TIME
_____	_____	_____
_____	_____	_____
_____	_____	_____

Make Checks payable To: The Wellness Center
Please return to: MERRILYN BARRY
 North Country Hospital, 189 Prouty Drive, Newport, VT 05855-9329